

Palms Dental PA

Caring for your Temporary Crown/Bridge/Veneer

- Temporary crowns are made of acrylic. This is a porous material, which will require diligent cleaning and rinsing to keep the tooth & gums healthy.
- The shade chosen for your temporary crown will be close to your own tooth color. The shade of your permanent crown will be more exact, coming from the lab.
- The temporary is cemented in with temporary cement that may come off during certain conditions. To avoid this from happening, please follow these guidelines:
 - Do not eat sticky foods such as caramels, taffy, chewy rolls, etc.
 - Do not chew gum.
 - Do not chew hard foods such as carrots/apples etc. This may cause the temporary crown to break.
 - Do not chew ice.
 - Do not floss around the temporary crown.
- If the temporary comes off or breaks, call for an appointment to have it re-cemented or fixed. It is important that the prepared tooth is covered to prevent sensitivity, tooth shifting, and breakage of the remaining parts of the tooth.
- If the temporary comes out, please remove the remaining cement in the temporary, if it is not broken. Position the temporary over the tooth (the larger side usually faces the cheek or lips) and fit it back into place. Once you know the temporary will fit into place put a little Vaseline inside and carefully place it back on the tooth.
- After the appointment for the impressions for the crown or bridge, there may be some sensitivity of the gums around the tooth. Please rinse with ½ teaspoon of salt in an 8-ounce glass of warm water for 24 hours, and then continue rinsing daily with fluoride.

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